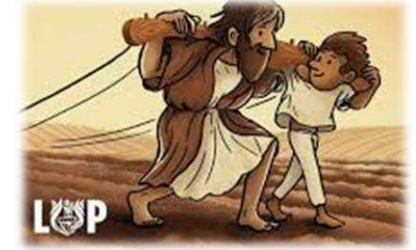


Orlagh in the City

5 July 2026

Welcome Becoming Present



Respond in the Song!!

*Come to me all who labour and
are heavy burdened,
And I shall give you rest.
Take up my yoke and learn from
me,
For I am meek and humble of
heart.
And you'll find rest for your souls,
Yes, my yoke is easy and my
burden is light.*

The Lord is my Shepherd, I shall
never be in need,
Fresh and green are the meadows
where he gives me rest.

Refrain



Reflection for the Week Ahead

Listen to Handel



Be still,
for the presence of the Lord,
the Holy One, is here;
come bow before him now
with reverence and fear:
in him no sin is found-
we stand on holy ground.
Be still,
for the presence of the Lord,
the Holy One, is here.

Be still,
for the glory of the Lord
is shining all around;
he burns with holy fire,
with splendour he is crowned:
how awesome is the sight-
our radiant King of light!
Be still,
for the glory of the Lord
is shining all around.

Be still,
for the power of the Lord
is moving in this place:
he comes to cleanse and heal,
to minister his grace-
no work too hard for him.
In faith receive from him.
Be still,
for the power of the Lord
is moving in this place.

Peruvian Gloria

Zechariah 9: 9-10



Rejoice greatly,
Daughter Zion!
Shout, Daughter
Jerusalem! See, your
king comes to you,
righteous and
victorious, lowly and
riding on a

donkey on a colt, the foal of a
donkey.

I will take away the chariots from
Ephraim and the warhorses from
Jerusalem, and the battle bow will
be broken. Our God will proclaim
peace to the nations and the
extent of God's rule will be from
sea to sea and from the River to
the ends of the earth.

*May the extent of God's rule be from sea to sea
and from the River to the ends of the earth...*

A Song of Praise Psalm 145

Praise your name forever and ever.

I will exalt you, my God and
Sovereign,
and bless your name forever and
ever.

Every day I will bless you,
and praise your name forever and
ever.

God is merciful, gracious, slow to
anger, and loving to all creation.

Your faithful ones will proclaim
your everlasting dominion and
glorious reign.

You sustain the fallen, provide
food for all living things, and open
your hand to satisfy them.

Romans 8:9-13

You, however, are not in the realm
of the flesh but are in the realm of
the Spirit, if indeed the Spirit of
God lives in you. And if anyone
does not have the Spirit of Christ,
they do not belong to Christ. But if
Christ is in you, then even though
your body is subject to death
because of sin, the Spirit gives life
because of righteousness. And if
the Spirit of the One who raised
Jesus from the dead is living in
you, the One who raised Christ
from the dead will also give life to
your mortal bodies because of his
Spirit who lives in you.

Therefore, sisters and brothers, we
have an obligation - but it is not to
the flesh, to live according to it.
For if you live according to the
flesh, you will die; but if by the
Spirit you put to death the
misdeeds of the body, you will live.

Alleluia

You have hidden these things from
the wise and learned, and revealed
them to little children.

Matthew 11:25-30

At that time Jesus said, "I praise
you, Abba God, Lord of heaven
and earth, because you have
hidden these things from the wise
and learned, and revealed them to
little children. Yes, Abba God, for
this is what you were pleased to
do.

"All things have been handed over
to me by Abba God. No one knows
the Only Begotten except Abba
God, and no one knows the Abba
God except the Only Begotten and
those to whom the Only Begotten
chooses to give that revelation.

"Come to me, all you who are
weary and burdened, and I will
give you rest. Take my yoke upon
you and learn from me, for I am
gentle and humble in heart, and
you will find rest for your souls. For
my yoke is easy and my burden is
light."

Lectio



Creed

I believe in one God
who did not a world incapable
of change,
who does not govern according
to a natural order
of rich and poor
of the expert and the ignorant
of rulers and subjects
I believe in God who allows
conflict and chaos in life
And wants us to change the
present state of things
through our work, through our
politics.

I believe in Jesus Christ who
rises again and again in our
lives so that we will be free
from prejudice and arrogance,
from fear and hate
and carry on his revolution
and make way for his kingdom.

I believe in the Spirit that Jesus
brought into the world.
I believe in the sisterhood and
brotherhood of all nations.
I believe that what our earth
becomes is up to us – a vale of
tears, starvation and tyranny,
- or a city of God.
I believe that a just peace can
be achieved;
I believe in the possibility of a
meaningful life for all people.
I believe this world of God's has
a future.

Prayers of Intercession

