

Orlagh In The City – Our hearts are restless until they rest in you ..

August 30th 2026 v5

Welcome- Stilling Exercise

Hymn 1 Lord of All Hopefulness 🎵 **Psalm 62/63**

Lord of all hopefulness, Lord of all joy, *For you my soul is thirsting,*
Whose trust, ever child-like, *O Lord my God.*

No cares could destroy,
Be there at our waking, and give us, we pray
Your bliss in our hearts, Lord,
At the break of the day.

Lord of all gentleness, Lord of all calm,
Whose voice is contentment?
Whose presence is balm,
Be there at our sleeping and give us, we pray
Your peace in our hearts,
Lord, at the end of the day.

Penitential Rite- Gloria – O Prayer

First reading Jeremiah 20:7-9

You have seduced me, Lord,
and I have let myself be seduced;
You have overpowered me:
You were the stronger.

I am a daily laughing-stock,
everybody's butt.

Each time I speak the word,
I have to howl and proclaim:
'Violence and ruin!'

The word of the Lord has meant for me
insult, derision, all day long.

I used to say:

I will not think about him,
I will not speak in his name anymore.

Then there seemed to be

A fire burning in my heart,
Imprisoned in my bones.

The effort to restrain it wearied me,
I could not bear it.

O God, you are my God,
For you I long;
For you my soul is thirsting.
My body pines for you
Like a dry, weary land without water.

Response.

So I gaze on you in the sanctuary
To see your strength and your glory.
For your love is better than life,
My lips will speak your praise.

Response

So I will bless you all my life,
In your name I will lift up my hands.
My soul shall be filled as with a banquet
My mouth shall praise you with joy.

Response.

For you have been my help;
In the shadow of your wings I rejoice.
My soul clings to you;
Your right hand holds me fast.

Response



Second reading *Romans 12:1-2*

Think of God's mercy and worship Him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

Gospel Acclamation *cf. Ep 1:17, 18*

Alleluia, alleluia!

May the Father of our Lord Jesus Christ

Enlighten the eyes of our mind,

So that we can see what hope his call holds for us.

Alleluia!

train your mind
to see the good
in everything



Gospel *Matthew 16:21-27* (Language amended to be inclusive)

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day.

Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord;' he said 'this must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way.'

Then Jesus said to his disciples, 'If you want to be a follower of mine, then renounce yourself and take up your cross and follow me. For anyone who wants to save their life will lose it; but anyone who loses their life for my sake will find it. What is to be gained if you win the whole world and ruin your life? Or what can you offer in exchange for your life?

For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.'

The word of the Lord

Music: [Spiegel Im Spiegel](#)

Lectio

Creed - Prayers of the faithful



OFFERTORY – EUCHARISTIC PRAYER- COMMUNION

Communion – Music: [Bach - Jesu, Joy of Man's Desiring](#)

Announcements

Reflections for the Road Ahead

**Too late have I loved you,
O Beauty so ancient,
O Beauty so new.
Too late have I loved you!**

You were within me but
I was outside myself,
And there I sought you

St. Augustine



**You have made us for yourself
And our hearts are restless
Until they rest in you”**

St. Augustine



Hymn 2: Lay your hands gently upon us Carey Landry

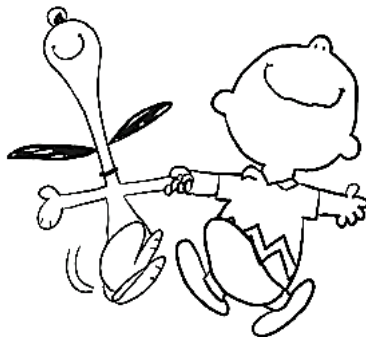


*Lay your hands gently upon us,
Let their touch render your peace;
Let them bring your forgiveness and healing,
Lay your hands gently lay your hands.*

You were sent to free the broken hearted.
You were sent to give sight to the blind
You desire to heal all our illnesses.
Lay your hands gently lay your hands.



Lord, we come to you through one another.
Lord, we come to you in all our need.
Lord, we come to you seeking wholeness
Lay your hands, gently lay your hands



Anne Aitken and Fr. Colm McGlynn

You have made us for yourself and our hearts are restless until they rest in you
St. Augustine

